



The International Society of Exercise and Immunology

The 17th ISEI Symposium - ISEI 2026 Tokyo -

Exercise Immunology: From Scientific Basis to Practical Application

27th – 30th August 2026

Waseda University International Conference Center (Masaru Ibuka Auditorium)
1-20-14 Nishi Waseda, Shinjuku-ku, Tokyo, 169-0051, Japan

	Thursday 27 Aug. 2026	Friday 28 Aug. 2026	Saturday 29 Aug. 2026	Sunday 30 Aug. 2026
09:00-10:30		Session 1 Immune mechanisms & regulation	Session 5 Nutrition, metabolism & immunometabolism	Session 9 Environmental & physiological stress
10:30-11:00		Coffee break	Coffee break	Coffee break
11:00-12:30		Session 2 Host defence, infection & vaccination	Session 6 Ageing, growth & development	Session 10 Clinical issues
12:30-14:00	Registration	Lunch Board meeting	Lunch	Closing & Awards
14:00-15:30		Session 3 Inflammation & resolution	Session 7 Lifestyle & metabolic disease	
15:30-16:00		Coffee break	Coffee break	
16:00-17:30	Opening & Keynote	Session 4 Methods, omics & systems approaches	Session 8 Cancer & tumour immunology	
18:00-20:00	Welcome reception	Poster session	Poster session	

As of 27 February 2026



WASEDA University
早稲田大学